

From: John Fleet [mailto:]
Sent: 13 October 2015 15:45
To: North Wales Wind Farm Connection
Cc: No To Pylons Na I'r Peilonau
Subject: Post hearing written statement

I am John Fleet, retired Consultant Surgeon and I run a retreat centre at Pen Parc Llwyd Henllan for many groups including groups from the hospital trust, and for Denbighshire County Council staff.

Amongst the topics requested, stress related problems and resilience are high on the list.

Part of the appeal of my centre is it's views of the Clwyddian hills, and the beautiful countryside of the Vale of Clwyd.

Currently 1:4 people in Britain will suffer mental illness in any one year, such as anxiety, depression and stress related illness, leading to 51M prescriptions for antidepressants in 2012.

The cost to Britain of these illnesses is estimated at £105 billion every year.

Work from the Openspace Research Centre in Edinburgh College of Art / Heriot Watt University shows that man is genetically programmed for woods and fields, for lakes and mountains from our hunter gather days. Research has shown how people after operations recover more quickly when able to see even a large mural of distant mountains, trees and grass let alone the real thing.

There is a wealth of literature on the impacts of rural and urban environments on the physical, mental and spiritual health of local populations.

The chief executive of the United Kingdom Public Health Association has commented that 'by dealing with the issues that prevent people becoming ill, £30 billion a year could be shaved off the NHS budget by 2030'

(Health Well-being and Open Space Literature Review, Nina Morris, Heriot Watt University, Edinburgh.

Putting a 17 km length of pylons across a beautiful landscape is polluting to the heart and mind and will be a possible cause of ill-health to those of us living here and the many visitors who come to the beautiful Vale of Clwyd.

It is bad enough destroying the beautiful Clocaenog Forest to put up alien structures like

wind turbines, it is an obscenity to disfigure the landscape and add urban stress to country life by putting up these pylons.

The line has to be put underground, the cost balanced by the health savings for all who come to this area.

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