

The government currently acknowledges that much of what is being over medicalised as mental illness is in fact caused by a deviation from natural life. Over the past decade it has been seen that there is an over prescription of psychotropic medication which is now being recognised as dangerous. (Dorwick and Francis 2013)

Social prescribing interventions are increasingly being employed as therapy that accommodates the innate human need to experience the natural world. Many of the specific interventions are centred on the direct experience of the natural environment. (National Academy for Social Prescribing 2023)

The above illustrates the effect that the physical environment has on psychological wellbeing. The universal objection of the residents of West Lindsey is not only based on technical objections such as solar inefficiency, battery volatility, loss of productive farmland etc. Their objections are based on the violent disruption of their lived experience of their natural world. An experience that is being increasingly recognised as having impact on psychological health.

It is for these reasons that I object to the construction of vast prairies of black glass despoiling West Lindsey.

Dowrick, C., Francis, A (2013) Medicalising unhappiness: new classification of depression risks more patients being put on drug treatment from which they will not benefit. British Medical Journal. (Lay Access via Pub Med Christopher Dowrick 1, Allen Frances)

National Academy for Social Prescribing (2023)

(Lay access via)

<https://committees.parliament.uk/writtenevidence/126050/pdf/>

and

https://socialprescribingacademy.org.uk/media/zakn0rng/how-the-natural-environment-can-support-health-and-wellbeing-through-social-prescribing_.pdf