

**From:** [REDACTED]  
**To:** [East Anglia ONE North](#); [East Anglia Two](#)  
**Subject:** Substation in Friston  
**Date:** 11 October 2020 19:25:24

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Dear Mr Rynd Smith

My heart sinks when I think what is being proposed to be built in the village of Friston (and Knodishall).

We as a family never went abroad in the Summer but came to rent in Friston and eventually bought a house here. The area offers so much for the young - sailing and golfing in Aldeburgh, rowing on the Mere, Tennis at Thorpeness, arts, crafts and Music at Snape as well as activities that come free such as the nature walks, biking, and naturally swimming in the sea. There is so much discussion about mental health and well being but it seems that anything that is free in life that we can enjoy is taken away from us. With what is being proposed is going to stop people like me to come and holiday in this beautiful coast line - the roads will be jammed with lorries, bicyclists will be put in danger, the noise and light pollution will destroy the natural habitat and on top of all the usual arguments, there are many particularly in Knodishall who are unable to express an opinion or in the case I spoke to someone yesterday who lives in Sternfield and has no idea what is going on! This has not being publicised properly and not making the locals aware just the enormity of what is being proposed.

Is it nonsensical for not seeing what happens to Sizewell C? If that indeed does not pass then quite obviously this is the area where wind farm energy should be entering? Or even better to invest properly and make the biggest off shore platform for wind farming instead? Why destroy the country side including Coronation Wood when there are other alternatives which won't destroy the lives of those who live and holiday on the Suffolk coast.

Please on your conscience don't accept planning but offer other sensible suggestions to go forward.

Thank you for taking the time to read my email,

Best wishes

Helen Cook

[REDACTED]