

From: [REDACTED]
To: [SizewellC](#)
Subject: Nicola Pilkington Ref 20026728
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Quality of Life and Wellbeing Deadline 6

9.21 Comments on Councils Local Impacts Report. Quality of Life and Wellbeing p267

I have serious reservations about the Councils Local Impacts Report and the engagement of the Developers in the process. Parties do not base their Assessment of Wellbeing and Quality of Life on up to date evidence of Community Wellbeing coming from the NHS, Office of National Statistics, The Norfolk and Suffolk NHS Foundation Trust wellbeing service and Mind etc. If these groups had been consulted they would demonstrate that due to Covid Norfolk and Suffolk are moving towards a mental health crisis with hard to define outcomes over the coming year due to unknown futures.

The August the 4th Edition of the Eastern Daily Press suggested that due to the rise in people seeking crisis help the full impact of Covid was yet to come. The article gives NHS figures of people contacting mental health services as being the highest since the first lockdown. The Norfolk and Suffolk NHS Foundation Trust Wellbeing Service reporting that they have seen a spike in people presenting to the specialist mental health service in crisis. The Office of National Statistics say that in adults the proportion of people showing symptoms of depression has almost doubled since the start of the pandemic. Also Norfolk and Waveney Mind saying they have seen a rise in people asking for specialist bereavement support as they had not been able to grieve in the normal way due to COVID restrictions. These are just a few examples of what Quality of Life and Wellbeing might be like in the area BEFORE the Developers provide an assessment on how SizewellC might impact on peoples mental health and Wellbeing. May I strongly suggest that these factors I have highlighted are taken into account and further explored by the Planning Inspectors. I express an equally strong suggestion that the Inspectors take into account the burden on peoples Wellbeing and Quality of Life that two major and complex DCO's on Wind and Nuclear have had on the area and what I feel have been unreasonable timescales to respond to deadlines such as Deadline 6. Suffolk's most important free asset to counteract issues to do with lack of Wellbeing, our AONB will be taken out of the list of benefits the area has to heal if SizewellC goes ahead.

Sincerely

Nicola Pilkington